



## Booking Dance Festival Educational Outreach Packet

Jodi Kaplan, Executive Producer

**August 17-21, 2011**

Our 8 world-renowned dance companies are offering individualized educational workshops available to schools, studios, community centers and the general public in conjunction with their performances at The Fringe.

Within this packet are the detailed class descriptions.

To book classes, contact [bookingdancefestival@gmail.com](mailto:bookingdancefestival@gmail.com)

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Special Educational Day  
Thursday, August 18th

1-2pm	Panel Discussion
2-3:30pm	Performance
3:30pm-4pm	Meet the Artists + Q&A

For a complete Booking Dance Festival Performance Schedule visit:

[www.bookingdance.com](http://www.bookingdance.com)





## Booking Dance Festival Educational Outreach | August 17-21, 2011

### Overview



#### Ashley A. Friend

Level: Adult/Community/Professional

This is an adult class, open to professional dancers and anyone in the community who is interested in observing and embracing his/her personal movement vocabulary

Level: Children

5-12 years old

Very fun, music, imagination, dance improvisation, and playing with movement!



#### Ballroom Dancing for Tough Guys

**Class title:** *Secrets to Spectacular Social Dancing*

Level: Adult, Professional

**Class title:** *Connecting in Partnership*

Level: High School, College, Professional

**Class title:** *Basic Ballroom* (all dances possible)

Level: Ages 10 and up

**Class title:** *Modern Dance Workout*

Level: College to Professional



#### Clyde Forth Visual Theater

**Class title:** *Dynamic Balance*

Level: Adult

Length: 1 or 2 hrs options

**Class title:** *Synaesthetic Translation*

Level: Serious dance students, professionals; teens to adult

Length: 2 to 3 hrs.



#### DAMAGEDANCE

**Class title:** Contemporary Technique/DAMAGEDANCE Repertory

Level: Young Adults/Professional

**Class title:** Contemporary Partnering

Level: Young Adults/Professional

**Class title:** Damaged Ballet

Level: Young Adults/Professional

**Class title:** Composition and Improvisation

Level: Young Adults/Professional

**Class title:** Pilates Mat/Pilates Mat for Dancers

Level: Pilates Mat – Beginner to Advanced

Pilates for Dancers – Young Adults/Professional

\*Classes for Children: Modern, Jazz, Ballet, Hip Hop and Early Childhood Creative Movement



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#### Emily Faulkner/Wind-Up Circus

**Class title:** *Wind-Up Circus Improvisation workshop*

Level: Ages 13 and up, No experience needed, but must have an interest in improvisatory dance.

#### Gehring Dancetheatre

**Class title:** The Gehring Dancetheatre Workout

Level: High School, College, and Professional

Length: 1-2 hr. workshop

**Class title:** Inside Gehring Dancetheatre

Level: High School, College, and Professional

Length: 2-3 hrs. workshop

**Class title:** Explorations of Social Dance in the World of Modern Dance

Level: Adult, Professional

Length: 1-3 hrs. workshop



#### Labyrinth Dance Theater

**Class title:** Lecture Demonstration/Talk Back on Noor

Level: Open



#### Rhythmic Circus Productions

**Class titles:** Tap Master Classes

Level: Beginner

*\*For dancers with little to no experience. Tap Shoes not required.*

Length: 1 hr.

Level: Intermediate

*\*For dancers with at least one year experience. Tap shoes required.*

Length: 1 hr.

Level: Advanced

*\*For dancers with experience. Tap Shoes required.*

Length: 1 hr.



#### Workshops

**Title:** Introduction to Tap

Length: 1 hr.

**Title:** Percussion and Rhythm

Length: 1 hr.

**Title:** Note Reading and the Keyboard

Length: 1 hr.

**Title:** The Art of Beatboxing

Length: 1 hr.

**Title:** School Lecture Demonstration

Length: 1 hr.



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## Ashley A. Friend

### Adult/Community/Professional

I am fascinated by physical choices, subconscious movements, and restricted motion. These three are very different modes of physicality and in my research of what I call “the scary body” I have been exploring how they interact in one body.

We will study how physical compromises caused by emotional, psychological, and repetitive habits can develop the most fascinating and interesting personalized movement vocabulary. We will also question: How do we begin with one set of circumstances and modify our environment to suit our needs?

I believe that principles of restriction and study of physical habits can be utilized as an expansion and proclamation of individuality with an excellent byproduct of personal acceptance. We will be using improvisation, writing, speaking, music, props, laughter, breath, and observation to explore and refine personalized movement. This class is an adult class, open to professional dancers and anyone in the community who is interested in observing and embracing his/her personal movement vocabulary.

### Children’s Class

A wonderful dance experience for children from 5-12 years old. This class is based in creative movement, improvisation, and creating dances. The students will have a chance to develop their own movement vocabulary and form a dance as a group. Very fun, music, imagination, dance improvisation, and playing with movement!





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## Ballroom Dancing For Tough guys

Lou Brock has been teaching ballroom dance for 35 years. Starting as a teen, Lou has taught and performed around the world. Trained first in all ballroom dances, he has also trained in jazz and ballet and has performed in all forms throughout his extensive career. He teaches out of Dance Manhattan in New York City and is also a regular guest teaching artist at CAP21 division of New York University. Ballroom Dancing For Tough Guys offers a variety of classes starting with “Basic Ballroom”, a class that teaches the simple basics for fun social dancing. Other classes offered include “Secrets to Spectacular Social Dancing”, which teaches the importance of feeling the music and how to use the body in different dances and “Connecting in Partnership” which helps dancers release from any concerns and enjoy the shared company of each other.





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## Clyde Forth Visual Theater

### Dynamic Balance

This is a Pilates and dance based movement workshop aimed at ‘non-dancers’. It covers basic anatomy of balance (muscle groups involved, vestibular system, special senses) and exercises to challenge and strengthen balance while moving through space.

### Synaesthetic Translation

Synaesthesia is experiencing one sense through another, for instance “hearing color”, which may sound unusual but actually happens. Synaesthetic Translation is a dance/composition workshop for dancers and visual artists who want to work across disciplines utilizing this skill. In the workshop I teach a specific technique I’ve developed for scoring and creating structured improvisations. Dancers and artists have the opportunity to create their own improvisations from existing scores using this method; create their own visual scores based on improvised movement; and experiment with creating their own form of synaesthetic process.





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## DAMAGEDANCE

### Contemporary Technique/DAMAGEDANCE Repertory

Level: Young Adults/Professional

Description: *Enjoy this challenging class of mixed modern techniques followed by learning original DAMAGEDANCE Repertory choreographed by Artistic Director Jessica Taylor.*

### Contemporary Partnering

Level: Young Adults/Professional

Description: *Students will learn challenging partnering sequences and how to trust themselves and others. Exercises in patience, confidence and creativity.*

### Damaged Ballet

Level: Young Adults/Professional

Description: *Not completely shying away from the classical basis of technique, this contemporary ballet class takes it one step further in technical skills and performance capability.*

### Composition and Improvisation

Level: Young Adults/Professional

Description: *Students will explore their own bodies and minds through improvisational exercises and will be given challenges in new ways to move and create. The possibilities are endless!*

### Pilates Mat/Pilates Mat for Dancers

Level: Pilates Mat – Beginner to Advanced

Pilates for Dancers – Young Adults/Professional

Description: *Pilates is a fantastic way to not only develop strength and flexibility, but to become more aware of your body. You will learn to support your pelvis and spine in a healthy way while losing tension in your neck, shoulders, low back and hips. In "Pilates for Dancers" the class will be taken a step further in how this support can change your dancing for the better, and how you can take care of yourself so that you can dance injury-free for the rest of your life.*

Classes for Children: Modern, Jazz, Ballet, Hip Hop and Early Childhood Creative Movement





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## Emily Faulkner/Wind-Up Dances

### Wind-Up Circus improvisation workshop

In this workshop we use props and specific improvisational scores in order to create the sort of movement that is used in Wind-Up Circus dances. No experience needed, but must have an interest in improvisatory dance.





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## Gehring Dancetheatre

Gehring Dancetheatre offers a variety of dance workshops and master classes taught by artistic director Heather Gehring. Master classes can be custom-tailored but work ideally with no more than 20 students per class.

### **The Gehring Dancetheatre Workout**

1-2 hr workshop (High School, College, and Professional)

This unique master class gives students an idea of what a day in the life of a Gehring Dancetheatre company member is like. Starting with her customized Gehring Dancetheatre company workout, Heather Gehring leads students in the core training for all Gehring Dancetheatre dancers. This original workout builds strength, balance, and technique, while focusing on the correct use and isolation of specific muscles through a blend of yoga, ballet, modern, and other stretching and strengthening methods.

### **Inside Gehring Dancetheatre**

2-3 hr workshop, (High School, College, and Professional)

Students will learn a piece of original Gehring Dancetheatre repertoire as taught by Heather Gehring, assisted by other company members. The workshop will begin by seeing the piece performed by company members, and then continue by exploring not only the physical steps but the ideas that went into its creation and the feelings that are needed to successfully execute it. At the end the students will be given the opportunity to perform the piece in front of their peers.

### **Explorations of Social Dance in the World of Modern Dance**

1-3 hr workshop, (All levels)

Artistic director Heather Gehring's choreography is greatly influenced by techniques in the ballroom and social dance world. In this master class, students will work with Heather Gehring as she brings her extensive ballroom training and experience to the forefront. Using techniques from her teaching DVD "Ballroom Dancing for Tough Guys", students will learn the basics of dancing with a partner, how to lead and follow, and an introduction to waltz, swing, salsa, and tango as well as how these skills can be integrated into the modern dance world.





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## Labyrinth

### Lecture Demonstration/Talk Back

Sasha Spielvogel and Felicia Norton, who dances the role of Noor, engage the audience in discussion regarding Noor Inayat Khan's (1914 – 1944) sacrifice to save innocent victims from Nazi aggression and atrocities. Noor became a spy for the Allies in Nazi occupied Paris and although she did not have to take this route because of her religious pacifist background, she believed it was the right thing to do. We have several books that we based our information for this piece on which we bring and show to everyone.

Ms. Norton will show three relevant sections from the dance as examples of Noor's life and of her personal journey.

We created a detailed 12 minute commentary with historic photographs of Noor's family, her history, and her recruitment into Britain's SOE (Special Operations Executive).

*We can project the DVD of this slide show, or use a laptop - depending on the equipment available.*





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## Rhythmic Circus Productions

*Rhythmic Circus is available to host a variety of outreach opportunities in conjunction with public performances.*

### Tap Master Classes

**Beginner:** In this class you will be introduced to basic steps and weight changes designed to expose you to the art of tap dance. Led by two of the company's principle dancers; discover the joy of making rhythm with your feet through a fun and energetic style of teaching!

*\*For dancers with little to no experience. Tap Shoes not required. 60-min.*

**Intermediate:** This class focuses on improving your timing and control through exercises designed to train your ear to listen to the empty space between sounds. Led by two of the company's principle dancers; this class aims to leave you with a deeper understanding of tap philosophy.

*\*For dancers with at least one year experience. Tap shoes required. 60-min.*

**Advanced:** Improve your precision and musicality through combinations that explore tone and texture while challenging your technical prowess. Led by two of the company's principle dancers; this class includes warm-up and strength exercises as well as advanced tap combinations that will increase your tap vocabulary while experimenting with accents and weight changes. This class is perfect for the serious tap student.

*\*For dancers with experience. Tap Shoes required. 60-min.*

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## Rhythmic Circus Productions – Cont.

### Workshops

Community members have the opportunity to experience the skilled and inspiring teaching of Rhythmic Circus' cast members during 60-minute workshops. Lessons from the musicians and dancers have been developed to meet a wide variety of needs and interests for any sized group.

**Introduction to Tap:** In this Workshop join two of the company's principal dancers in lively conversation about the history and art of tap dancing. Through demonstrations by the dancers and group exercises you will explore how different styles of tap have evolved over the past century and even have a chance to try a few basic steps!

**Percussion and Rhythm:** This Workshop provides insight on the role of the drums, percussion and rhythm in any musical context. It includes interactive rhythm exercises and demonstrations of the contemporary drumset and applied ethnic percussion.

**Note Reading and the Keyboard:** The goal of this Workshop is to further the enjoyment of music, both professional and amateur, by providing an overview of the basics of reading music. It also explores the evolution of piano styles as you learn to make the connection between notes on a page to the keys on a piano.

**The Art of Beatboxing:** This Workshop incorporates the history of vocal percussion into a fun and inventive class designed to introduce you to the art of beatboxing. Demonstrations of basic to advanced techniques with a looping machine gives you an up- close look at the magic of the modern vocal percussionist.

### School Lecture Demonstration

Rhythmic Circus comes to your school with a one-hour narrated performance featuring excerpts from *FEET DON'T FAIL ME NOW!* This event includes a history of tap as well as opportunities for students to participate and learn a few basic tap moves. It concludes with a question and answer session with the cast. Perfect for any size group.